

Protokoll Köpenicker Langstreckenpokal 2009

am 31.01.2009

Anzahl der Meldungen

Anzahl der Starts pro Abschnitt: Einzel/Staffel
Anzahl der Teilnehmer: weiblich/männlich

Berliner Schwimmverband (LSV-Nr. 3)

Verein	DSV-Id	Teilnehmer	Abs.1	Gesamt
DLRG		0/1	2/ 0	2/0
Köpenicker SV Neptun 89		17/23	51/ 0	51/0
SSV Ostring	5667	2/10	19/ 0	19/0
Gesamt für den Verband		19/34	72/0	72/0

Gesamtzahl der Meldungen

Verein	Teilnehmer	Abs.1	Gesamt
Gesamt alle Vereine	19/34	72/0	72/0

Wettkampfbecken

5 Bahnen à 25m Wellenkillerleinen Handzeitnahme Temperatur: 26°C

Abschnitt 1

Wettkampf 1	400m Freistil weiblich
Wettkampf 2	400m Freistil männlich
Wettkampf 3	800m Freistil weiblich
Wettkampf 4	800m Freistil männlich
Wettkampf 5	1500m Freistil weiblich
Wettkampf 6	1500m Freistil männlich
Wettkampf 7	400m Lagen weiblich
Wettkampf 8	400m Lagen männlich

Wettkampf 1 - 400m Freistil weiblich

Jugend D- weiblich

1.	Labahn, Cathérine	1998/Jgd.D	Köpenicker SV Neptun 89	06:33,59	226
				100m: 01:27,25 (01:27,25) 200m: 03:09,37 (01:42,12)	
				300m: 04:53,53 (01:44,16) 400m: 06:33,59 (01:40,06)	
2.	Stephan, Alina	1998/Jgd.D	Köpenicker SV Neptun 89	06:43,56	210
				100m: 01:33,75 (01:33,75) 200m: 03:17,46 (01:43,71)	
				300m: 05:03,65 (01:46,19) 400m: 06:43,56 (01:39,91)	
3.	Biel, Jennifer	1998/Jgd.D	Köpenicker SV Neptun 89	06:58,25	189
				100m: 01:38,09 (01:38,09) 200m: 03:25,53 (01:47,44)	
				300m: 05:14,28 (01:48,75) 400m: 06:58,25 (01:43,97)	
4.	Wendlandt, Charlotte	1999/Jgd.D	Köpenicker SV Neptun 89	07:06,56	178
				100m: 01:35,46 (01:35,46) 200m: 03:24,05 (01:48,59)	
				300m: 05:14,96 (01:50,91) 400m: 07:06,56 (01:51,60)	
5.	Markurt, Greta	1999/Jgd.D	Köpenicker SV Neptun 89	07:07,35	177
				100m: 01:37,35 (01:37,35) 200m: 03:27,63 (01:50,28)	
				300m: 05:20,19 (01:52,56) 400m: 07:07,35 (01:47,16)	

Jugend C- weiblich

1.	Gründer, Sabrina	1996/Jgd.C	Köpenicker SV Neptun 89	05:36,72	362
				100m: 01:19,25 (01:19,25) 200m: 02:47,74 (01:28,49)	
				300m: 04:14,85 (01:27,11) 400m: 05:36,72 (01:21,87)	
2.	Sudau, Sophia	1997/Jgd.C	Köpenicker SV Neptun 89	08:06,78	120
				100m: 01:47,90 (01:47,90) 200m: 03:54,43 (02:06,53)	
				300m: 06:03,18 (02:08,75) 400m: 08:06,78 (02:03,60)	

Jugend B- weiblich

nicht am Start

Nitsch, Angelina	1994/Jgd.B	Köpenicker SV Neptun 89
Oehme, Caroline	1994/Jgd.B	Köpenicker SV Neptun 89

Jugend A- weiblich

1.	Cammin, Lavinia-Maria	1993/Jgd.A	SSV Ostring	05:53,71	312
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100m: 01:17,36 (01:17,36) 200m: 02:47,27 (01:29,91)
300m: 04:20,73 (01:33,46) 400m: 05:53,71 (01:32,98)

Junioren- weiblich

1. Marczok, Antonia 1990/Jun. Köpenicker SV Neptun 89 07:56,09 128
100m: 01:40,40 (01:40,40) 200m: 03:44,44 (02:04,04)
300m: 05:51,25 (02:06,81) 400m: 07:56,09 (02:04,84)

AK20- weiblich

1. Lammers, Katrin 1987/AK20 Köpenicker SV Neptun 89 05:30,09 384
100m: 01:16,97 (01:16,97) 200m: 02:41,00 (01:24,03)
300m: 04:06,31 (01:25,31) 400m: 05:30,09 (01:23,78)

AK50- weiblich

1. Ortloff, Elke 1953/AK55 SSV Ostring 06:39,82 216
100m: 01:31,57 (01:31,57) 200m: 03:13,79 (01:42,22)
300m: 04:57,88 (01:44,09) 400m: 06:39,82 (01:41,94)

Wettkampf 2 - 400m Freistil männlich

Jugend D- männlich

nicht am Start
Horak, Sebastian 1998/Jgd.D SSV Ostring

Jugend C- männlich

1. Lange, Yannic 1997/Jgd.C Köpenicker SV Neptun 89 06:21,84 186
100m: 01:26,78 (01:26,78) 200m: 03:04,53 (01:37,75)
300m: 04:44,72 (01:40,19) 400m: 06:21,84 (01:37,12)

2. Rammelt, Lukas 1997/Jgd.C Köpenicker SV Neptun 89 06:52,66 147
100m: 01:34,69 (01:34,69) 200m: 03:20,84 (01:46,15)
300m: 05:07,92 (01:47,08) 400m: 06:52,66 (01:44,74)

3. Moreike, Maximilian 1997/Jgd.C SSV Ostring 06:53,93 146
100m: 01:39,18 (01:39,18) 200m: 03:26,53 (01:47,35)
300m: 05:12,25 (01:45,72) 400m: 06:53,93 (01:41,68)

4. Lersen, Erik 1996/Jgd.C SSV Ostring 06:58,03 142
100m: 01:39,09 (01:39,09) 200m: 03:26,44 (01:47,35)
300m: 05:16,22 (01:49,78) 400m: 06:58,03 (01:41,81)

5. Piper, Tom 1996/Jgd.C Köpenicker SV Neptun 89 07:21,50 120
100m: 01:34,90 (01:34,90) 200m: 03:29,62 (01:54,72)
300m: 05:27,09 (01:57,47) 400m: 07:21,50 (01:54,41)

Jugend B- männlich

1. Fratzscher, Nicolas 1995/Jgd.B Köpenicker SV Neptun 89 07:09,88 130
100m: 01:34,57 (01:34,57) 200m: 03:27,38 (01:52,81)
300m: 05:21,43 (01:54,05) 400m: 07:09,88 (01:48,45)

nicht am Start
Vogel, Patrick 1994/Jgd.B Köpenicker SV Neptun 89
Kröber, Anton 1994/Jgd.B Köpenicker SV Neptun 89

Jugend A- männlich

nicht am Start
Zenker, Johannes 1993/Jgd.A Köpenicker SV Neptun 89

Junioren- männlich

1. Dahm, Christoph 1990/Jun. Köpenicker SV Neptun 89 04:58,16 390
100m: 01:07,22 (01:07,22) 200m: 02:22,17 (01:14,95)
300m: 03:39,35 (01:17,18) 400m: 04:58,16 (01:18,81)

AK20- männlich

1. Lipski, Thomas 1987/AK20 SSV Ostring 05:05,97 361
100m: 01:06,82 (01:06,82) 200m: 02:23,47 (01:16,65)
300m: 03:43,60 (01:20,13) 400m: 05:05,97 (01:22,37)

2. Hollinski, Rick 1988/AK20 SSV Ostring 05:07,50 356
100m: 01:10,25 (01:10,25) 200m: 02:29,96 (01:19,71)
300m: 03:51,18 (01:21,22) 400m: 05:07,50 (01:16,32)

AK30- männlich

1.	Weber, Stefan	1973/AK35	SSV Ostring	05:58,28	225
	100m: 01:21,34 (01:21,34)	200m: 02:52,87 (01:31,53)			
	300m: 04:25,22 (01:32,35)	400m: 05:58,28 (01:33,06)			

AK40- männlich

1.	Wolter, Ingo	1962/AK45	SSV Ostring	05:39,63	264
	100m: 01:18,92 (01:18,92)	200m: 02:45,36 (01:26,44)			
	300m: 04:14,61 (01:29,25)	400m: 05:39,63 (01:25,02)			
2.	Wappke, Thomas	1967/AK40	Köpenicker SV Neptun 89	06:40,56	161
	100m: 01:24,45 (01:24,45)	200m: 03:06,67 (01:42,22)			
	300m: 04:52,92 (01:46,25)	400m: 06:40,56 (01:47,64)			

Wettkampf 3 - 800m Freistil weiblich

Jugend C- weiblich

1.	Dietze, Lea	1997/Jgd.C	Köpenicker SV Neptun 89	12:35,50	275
	100m: 01:20,62 (01:20,62)	200m: 02:53,19 (01:32,57)			
	300m: 04:28,72 (01:35,53)	400m: 06:05,59 (01:36,87)			
	500m: 07:42,53 (01:36,94)	600m: 09:21,50 (01:38,97)			
	700m: 11:00,00 (01:38,50)	800m: 12:35,50 (01:35,50)			

nicht am Start

Hartwig, Julia 1996/Jgd.C Köpenicker SV Neptun 89

Jugend B- weiblich

1.	Pachale, Ann- Marie	1995/Jgd.B	Köpenicker SV Neptun 89	12:42,15	268
	100m: 01:23,78 (01:23,78)	200m: 02:59,13 (01:35,35)			
	300m: 04:35,28 (01:36,15)	400m: 06:12,72 (01:37,44)			
	500m: 07:50,85 (01:38,13)	600m: 09:27,47 (01:36,62)			
	700m: 11:04,66 (01:37,19)	800m: 12:42,15 (01:37,49)			
2.	Pachale, Lisa- Marie	1995/Jgd.B	Köpenicker SV Neptun 89	13:00,38	250
	100m: 01:25,47 (01:25,47)	200m: 03:03,16 (01:37,69)			
	300m: 04:42,82 (01:39,66)	400m: 06:23,19 (01:40,37)			
	500m: 08:03,00 (01:39,81)	600m: 09:44,03 (01:41,03)			
	700m: 11:24,38 (01:40,35)	800m: 13:00,38 (01:36,00)			

Jugend A- weiblich

1.	Zwiesigk, Cora	1993/Jgd.A	Köpenicker SV Neptun 89	11:10,81	393
	100m: 01:14,97 (01:14,97)	200m: 02:38,59 (01:23,62)			
	300m: 04:05,03 (01:26,44)	400m: 05:31,34 (01:26,31)			
	500m: 06:58,53 (01:27,19)	600m: 08:24,69 (01:26,16)			
	700m: 09:48,75 (01:24,06)	800m: 11:10,81 (01:22,06)			

AK30- weiblich

1.	Lustig, Grit	1978/AK30	Köpenicker SV Neptun 89	11:10,84	393
	100m: 01:14,72 (01:14,72)	200m: 02:38,93 (01:24,21)			
	300m: 04:09,19 (01:30,26)	400m: 05:31,68 (01:22,49)			
	500m: 06:58,62 (01:26,94)	600m: 08:29,73 (01:31,11)			
	700m: 09:51,97 (01:22,24)	800m: 11:10,84 (01:18,87)			

AK50- weiblich

1.	Ortloff, Elke	1953/AK55	SSV Ostring	13:44,99	212
	100m: 01:33,97 (01:33,97)	200m: 03:17,84 (01:43,87)			
	300m: 05:02,56 (01:44,72)	400m: 06:48,34 (01:45,78)			
	500m: 08:32,31 (01:43,97)	600m: 10:16,99 (01:44,68)			
	700m: 12:01,90 (01:44,91)	800m: 13:44,99 (01:43,09)			

Wettkampf 4 - 800m Freistil männlich

Jugend C- männlich

1.	Schmidt, Franz	1997/Jgd.C	Köpenicker SV Neptun 89	12:06,63	249
	100m: 01:20,69 (01:20,69)	200m: 02:52,79 (01:32,10)			
	300m: 04:27,22 (01:34,43)	400m: 06:00,72 (01:33,50)			
	500m: 07:35,60 (01:34,88)	600m: 09:08,75 (01:33,15)			
	700m: 10:40,00 (01:31,25)	800m: 12:06,63 (01:26,63)			

2.	Kähler, Lucas	1997/Jgd.C	SSV Ostring	14:06,28	157
	100m: 01:33,72 (01:33,72)	200m: 03:21,47 (01:47,75)			
	300m: 05:09,10 (01:47,63)	400m: 06:58,13 (01:49,03)			
	500m: 08:46,59 (01:48,46)	600m: 10:39,56 (01:52,97)			
	700m: 12:21,94 (01:42,38)	800m: 14:06,28 (01:44,34)			
3.	Moreike, Maximilian	1997/Jgd.C	SSV Ostring	14:14,78	153
	100m: 01:43,22 (01:43,22)	200m: 03:32,69 (01:49,47)			
	300m: 05:24,09 (01:51,40)	400m: 07:14,12 (01:50,03)			
	500m: 09:04,41 (01:50,29)	600m: 10:52,94 (01:48,53)			
	700m: 12:38,84 (01:45,90)	800m: 14:14,78 (01:35,94)			
4.	Lersen, Erik	1996/Jgd.C	SSV Ostring	14:17,12	151
	100m: 01:40,97 (01:40,97)	200m: 03:32,81 (01:51,84)			
	300m: 05:25,12 (01:52,31)	400m: 07:14,69 (01:49,57)			
	500m: 09:03,65 (01:48,96)	600m: 10:48,25 (01:44,60)			
	700m: 12:36,25 (01:48,00)	800m: 14:17,12 (01:40,87)			

nicht am Start

Schmidt, Leo 1997/Jgd.C Köpenicker SV Neptun 89

Jugend B- männlich

1.	Wessels, Henrik	1994/Jgd.B	Köpenicker SV Neptun 89	10:50,50	346
	100m: 01:11,03 (01:11,03)	200m: 02:31,56 (01:20,53)			
	300m: 03:52,65 (01:21,09)	400m: 05:15,28 (01:22,63)			
	500m: 06:39,09 (01:23,81)	600m: 08:03,34 (01:24,25)			
	700m: 09:27,28 (01:23,94)	800m: 10:50,50 (01:23,22)			
2.	Zimmer, Herbert	1995/Jgd.B	Köpenicker SV Neptun 89	11:33,09	286
	100m: 01:19,22 (01:19,22)	200m: 02:45,44 (01:26,22)			
	300m: 04:12,59 (01:27,15)	400m: 05:40,97 (01:28,38)			
	500m: 07:10,97 (01:30,00)	600m: 08:39,90 (01:28,93)			
	700m: 10:10,13 (01:30,23)	800m: 11:33,09 (01:22,96)			
3.	Janßen, Björn	1995/Jgd.B	Köpenicker SV Neptun 89	11:37,57	281
	100m: 01:19,69 (01:19,69)	200m: 02:46,32 (01:26,63)			
	300m: 04:14,53 (01:28,21)	400m: 05:43,07 (01:28,54)			
	500m: 07:13,13 (01:30,06)	600m: 08:42,41 (01:29,28)			
	700m: 10:12,07 (01:29,66)	800m: 11:37,57 (01:25,50)			
4.	Lux, Pierre	1995/Jgd.B	Köpenicker SV Neptun 89	11:41,63	276
	100m: 01:19,44 (01:19,44)	200m: 02:47,55 (01:28,11)			
	300m: 04:17,13 (01:29,58)	400m: 05:46,48 (01:29,35)			
	500m: 07:17,11 (01:30,63)	600m: 08:47,05 (01:29,94)			
	700m: 10:17,24 (01:30,19)	800m: 11:41,63 (01:24,39)			

Jugend A- männlich

1.	Janßen, Nils	1992/Jgd.A	Köpenicker SV Neptun 89	11:10,56	316
	100m: 01:12,22 (01:12,22)	200m: 02:35,69 (01:23,47)			
	300m: 04:02,56 (01:26,87)	400m: 05:30,13 (01:27,57)			
	500m: 06:56,66 (01:26,53)	600m: 08:22,75 (01:26,09)			
	700m: 09:48,88 (01:26,13)	800m: 11:10,56 (01:21,68)			

Junioren- männlich

1.	Wipf, Roman	1991/Jun.	Köpenicker SV Neptun 89	10:27,41	386
	100m: 01:05,94 (01:05,94)	200m: 02:23,03 (01:17,09)			
	300m: 03:41,72 (01:18,69)	400m: 05:02,56 (01:20,84)			
	500m: 06:24,28 (01:21,72)	600m: 07:47,84 (01:23,56)			
	700m: 09:09,44 (01:21,60)	800m: 10:27,41 (01:17,97)			
2.	Heidenreich, Andre	1990/Jun.	Köpenicker SV Neptun 89	10:59,38	333
	100m: 01:11,03 (01:11,03)	200m: 02:32,11 (01:21,08)			
	300m: 03:54,03 (01:21,92)	400m: 05:19,16 (01:25,13)			
	500m: 06:49,72 (01:30,56)	600m: 08:13,38 (01:23,66)			
	700m: 09:41,29 (01:27,91)	800m: 10:59,38 (01:18,09)			

AK30- männlich

1.	Weber, Stefan	1973/AK35	SSV Ostring	12:37,47	219
	100m: 01:26,36 (01:26,36)	200m: 03:01,55 (01:35,19)			
	300m: 04:37,70 (01:36,15)	400m: 06:15,08 (01:37,38)			
	500m: 07:50,74 (01:35,66)	600m: 09:27,37 (01:36,63)			
	700m: 11:03,77 (01:36,40)	800m: 12:37,47 (01:33,70)			

Wettkampf 5 - 1500m Freistil weiblich

Wettkampf 6 - 1500m Freistil männlich

Jugend B- männlich

nicht am Start
Heydecke, Ben 1994/Jgd.B Köpenicker SV Neptun 89

Jugend A- männlich

1. Rach, Johannes 1993/Jgd.A Köpenicker SV Neptun 89 17:13,47 591
100m: 01:03,23 (01:03,23) 200m: 02:11,78 (01:08,55)
300m: 03:21,28 (01:09,50) 400m: 04:31,27 (01:09,99)
500m: 05:41,28 (01:10,01) 600m: 06:50,13 (01:08,85)
700m: 07:59,97 (01:09,84) 800m: 09:09,88 (01:09,91)
900m: 10:11,93 (01:02,05) 1000m: 11:29,31 (01:17,38)
1100m: 12:37,61 (01:08,30) 1200m: 13:46,44 (01:08,83)
1300m: 14:55,64 (01:09,20) 1400m: 16:05,41 (01:09,77)
1500m: 17:13,47 (01:08,06)

Junioren- männlich

1. Rosenkranz, Markus 1990/Jun. DLRG 17:10,25 596
100m: 01:02,84 (01:02,84) 200m: 02:12,06 (01:09,22)
300m: 03:21,28 (01:09,22) 400m: 04:31,37 (01:10,09)
500m: 05:41,40 (01:10,03) 600m: 06:50,59 (01:09,19)
700m: 08:00,12 (01:09,53) 800m: 09:10,15 (01:10,03)
900m: 10:19,47 (01:09,32) 1000m: 11:29,13 (01:09,66)
1100m: 12:37,72 (01:08,59) 1200m: 13:46,44 (01:08,72)
1300m: 14:55,69 (01:09,25) 1400m: 16:05,37 (01:09,68)
1500m: 17:10,25 (01:04,88)

nicht am Start
Skubowius, Tom 1991/Jun. Köpenicker SV Neptun 89

AK20- männlich

1. Hollinski, Rick 1988/AK20 SSV Ostring 20:23,09 356
100m: 01:11,50 (01:11,50) 200m: 02:31,65 (01:20,15)
300m: 03:53,25 (01:21,60) 400m: 05:15,12 (01:21,87)
500m: 06:39,31 (01:24,19) 600m: 08:02,56 (01:23,25)
700m: 09:25,34 (01:22,78) 800m: 10:47,46 (01:22,12)
900m: 12:10,09 (01:22,63) 1000m: 13:32,81 (01:22,72)
1100m: 14:56,43 (01:23,62) 1200m: 16:22,06 (01:25,63)
1300m: 17:44,09 (01:22,03) 1400m: 19:06,62 (01:22,53)
1500m: 20:23,09 (01:16,47)

2. Bundels, Sven 1984/AK25 Köpenicker SV Neptun 89 20:53,28 331
100m: 01:10,87 (01:10,87) 200m: 02:30,90 (01:20,03)
300m: 03:53,56 (01:22,66) 400m: 05:17,32 (01:23,76)
500m: 06:42,97 (01:25,65) 600m: 08:08,84 (01:25,87)
700m: 09:34,09 (01:25,25) 800m: 10:59,40 (01:25,31)
900m: 12:24,47 (01:25,07) 1000m: 13:50,06 (01:25,59)
1100m: 15:15,93 (01:25,87) 1200m: 16:42,18 (01:26,25)
1300m: 18:07,25 (01:25,07) 1400m: 19:32,59 (01:25,34)
1500m: 20:53,28 (01:20,69)

3. Lipski, Thomas 1987/AK20 SSV Ostring 21:52,78 288
100m: 01:12,06 (01:12,06) 200m: 02:31,84 (01:19,78)
300m: 03:54,34 (01:22,50) 400m: 05:18,24 (01:23,90)
500m: 06:47,12 (01:28,88) 600m: 08:16,46 (01:29,34)
700m: 09:45,65 (01:29,19) 800m: 11:15,02 (01:29,37)
900m: 12:43,49 (01:28,47) 1000m: 14:14,40 (01:30,91)
1100m: 15:45,18 (01:30,78) 1200m: 17:16,84 (01:31,66)
1300m: 18:50,09 (01:33,25) 1400m: 20:23,34 (01:33,25)
1500m: 21:52,78 (01:29,44)

AK40- männlich

1. Zwiesigk, Per 1967/AK40 Köpenicker SV Neptun 89 22:11,16 276
100m: 01:16,94 (01:16,94) 200m: 02:40,72 (01:23,78)
300m: 04:07,10 (01:26,38) 400m: 05:35,10 (01:28,00)
500m: 07:03,19 (01:28,09) 600m: 08:32,22 (01:29,03)
700m: 10:01,32 (01:29,10) 800m: 11:30,78 (01:29,46)
900m: 13:01,07 (01:30,29) 1000m: 14:31,82 (01:30,75)
1100m: 16:02,63 (01:30,81) 1200m: 17:33,66 (01:31,03)
1300m: 19:06,41 (01:32,75) 1400m: 20:39,47 (01:33,06)
1500m: 22:11,16 (01:31,69)

2. Wolter, Ingo 1962/AK45 SSV Ostring 22:27,37 267

100m: 01:21,37 (01:21,37) 200m: 02:48,31 (01:26,94)
 300m: 04:16,41 (01:28,10) 400m: 05:47,12 (01:30,71)
 500m: 07:18,25 (01:31,13) 600m: 08:49,66 (01:31,41)
 700m: 10:21,62 (01:31,96) 800m: 11:51,97 (01:30,35)
 900m: 13:22,66 (01:30,69) 1000m: 14:53,69 (01:31,03)
 1100m: 16:24,62 (01:30,93) 1200m: 17:55,62 (01:31,00)
 1300m: 19:26,84 (01:31,22) 1400m: 20:58,91 (01:32,07)
 1500m: 22:27,37 (01:28,46)

Wettkampf 7 - 400m Lagen weiblich

Jugend C- weiblich

1. Gründer, Sabrina 1996/Jgd.C Köpenicker SV Neptun 89 06:02,72 408
 100m: 01:25,99 (01:25,99) 200m: 03:00,90 (01:34,91)
 300m: 04:35,33 (01:34,43) 400m: 06:02,72 (01:27,39)

Jugend B- weiblich

nicht am Start
 Oehme, Caroline 1994/Jgd.B Köpenicker SV Neptun 89

Jugend A- weiblich

nicht am Start
 Zwiesigk, Cora 1993/Jgd.A Köpenicker SV Neptun 89

AK20- weiblich

1. Lammers, Katrin 1987/AK20 Köpenicker SV Neptun 89 06:11,22 381
 100m: 01:19,07 (01:19,07) 200m: 02:51,88 (01:32,81)
 300m: 04:44,41 (01:52,53) 400m: 06:11,22 (01:26,81)

Wettkampf 8 - 400m Lagen männlich

Jugend B- männlich

nicht am Start
 Heydecke, Ben 1994/Jgd.B Köpenicker SV Neptun 89

Jugend A- männlich

1. Rach, Johannes 1993/Jgd.A Köpenicker SV Neptun 89 05:33,34 387
 100m: 01:13,81 (01:13,81) 200m: 02:44,66 (01:30,85)
 300m: 04:19,00 (01:34,34) 400m: 05:33,34 (01:14,34)
 2. Janßen, Nils 1992/Jgd.A Köpenicker SV Neptun 89 05:59,50 308
 100m: 01:22,38 (01:22,38) 200m: 02:53,97 (01:31,59)
 300m: 04:36,19 (01:42,22) 400m: 05:59,50 (01:23,31)

Junioren- männlich

1. Rosenkranz, Markus 1990/Jun. DLRG 05:09,15 485
 100m: 01:11,25 (01:11,25) 200m: 02:29,30 (01:18,05)
 300m: 04:01,29 (01:31,99) 400m: 05:09,15 (01:07,86)
 2. Wipf, Roman 1991/Jun. Köpenicker SV Neptun 89 05:21,09 433
 100m: 01:07,55 (01:07,55) 200m: 02:32,02 (01:24,47)
 300m: 04:04,95 (01:32,93) 400m: 05:21,09 (01:16,14)
 3. Heidenreich, Andre 1990/Jun. Köpenicker SV Neptun 89 05:40,82 362
 100m: 01:17,35 (01:17,35) 200m: 02:45,03 (01:27,68)
 300m: 04:24,28 (01:39,25) 400m: 05:40,82 (01:16,54)

nicht am Start
 Becker, Philipp 1991/Jun. SSV Ostring
 Skubowius, Tom 1991/Jun. Köpenicker SV Neptun 89

disqualifiziert
 Dahm, Christoph 1990/Jun. Köpenicker SV Neptun 89

Der Schwimmer startete beim ersten Startversuch vor dem Startsignal
 Uhrzeit der Bekanntgabe: 16:10

AK20- männlich

1. Borries, Andre 1980/AK25 SSV Ostring 05:29,91 399
100m: 01:07,38 (01:07,38) 200m: 02:36,09 (01:28,71)
300m: 04:13,28 (01:37,19) 400m: 05:29,91 (01:16,63)

Abschnittsende: 16:10 Uhr
Protokollende: 16:10 Uhr

Schiedsrichter

Protokollführer